

WILLIAMSTOWN LITTLE ATHLETICS CENTRE #9
Program E Late
Saturday 9th January 2021
Saturday 6th March 2021

START TIME	U9		U10		U11		U12		U13		U14		U15-U16		START TIME
	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	
10:00 AM									200mH	200mH	200mH	200mH	300mH	300mH	10:00 AM
10:10 AM															10:10 AM
10:20 AM															10:20 AM
10:30 AM					High Jump (Mat 2&3)	Discus (Ring 1)	Triple Jump	High Jump (Mat 1)	400m						10:30 AM
10:40 AM	60mH	60mH	60mH	60mH											10:40 AM
10:50 AM															10:50 AM
11:00 AM	Discus (Ring 1&2)	Shot Put (Ring 1)	Shot Put (Ring 2)	Long Jump	80mH	80mH	80mH	80mH	High Jump (Mat 1)	Triple Jump	High Jump (Mat 1)	Triple Jump	High Jump (Mat 1)	Triple Jump	11:00 AM
11:10 AM															11:10 AM
11:20 AM															11:20 AM
11:30 AM	High Jump (Mat 3&4)	Discus (Ring 1)	Long Jump	Shot Put (Ring 1)	Discus (Ring 2)	Javelin	1500m (Heat 1)	1500m (Heat 1)	80mH	80mH	90mH	80mH	100mH	90mH	11:30 AM
11:40 AM															11:40 AM
11:50 AM															11:50 AM
12:00 PM															12:00 PM
12:10 PM	400m	400m	400m	400m	1500m (Heat 2)	1500m (Heat 2)	High Jump (Mat 2)	Triple Jump (LJ pit)	Triple Jump	High Jump (Mat 1)	Triple Jump	High Jump (Mat 1)	Triple Jump	High Jump (Mat 1)	12:10 PM
12:20 PM															12:20 PM
12:30 PM	FINISH														12:30 PM