

WILLIAMSTOWN LITTLE ATHLETICS CENTRE #9
Program A Early
Saturday 28th November 2020
Saturday 23rd January 2021

START TIME	U6		U7		U8		START TIME
	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	
8:15 AM	Arrive early officials in position by 8:20am						8:15 AM
8:30 AM	On track activities	Discus (Cage 1)	High Jump (Mat 3&4)	70m	70m	8:30 AM	
8:35 AM						8:35 AM	
8:40 AM				8:40 AM			
8:45 AM				100m	100m	8:45 AM	
8:50 AM						8:50 AM	
8:55 AM				8:55 AM			
9:00 AM		100m	100m	Long Jump	Shot Put (Ring 1)	9:00 AM	
9:05 AM						9:05 AM	
9:10 AM						9:10 AM	
9:15 AM						9:15 AM	
9:20 AM		70m	70m	Long Jump	Shot Put (Ring 1)	9:20 AM	
9:25 AM						9:25 AM	
9:30 AM		High Jump (Mat 3&4)	Discus (Cage 1)	Shot Put (Ring 1)	Long Jump	9:30 AM	
9:35 AM						9:35 AM	
9:40 AM				Shot Put (Ring 1)	Long Jump	9:40 AM	
9:45 AM						9:45 AM	
9:50 AM						9:50 AM	
9:55 AM						9:55 AM	
10:00 AM	FINISH						10:00 AM